



SUFFIELD PARKS & RECREATION

The Parks and Recreation Department provides affordable and accessible recreational, educational, athletic and social programs for the community year round. Services are provided for adults, youth and special needs individuals.

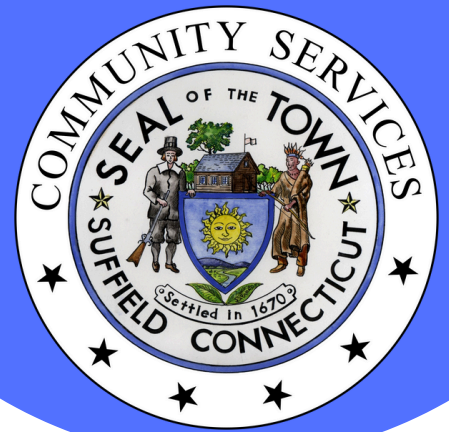
*Where parks and programs help
make Suffield a better place!*

SUMMER 2025



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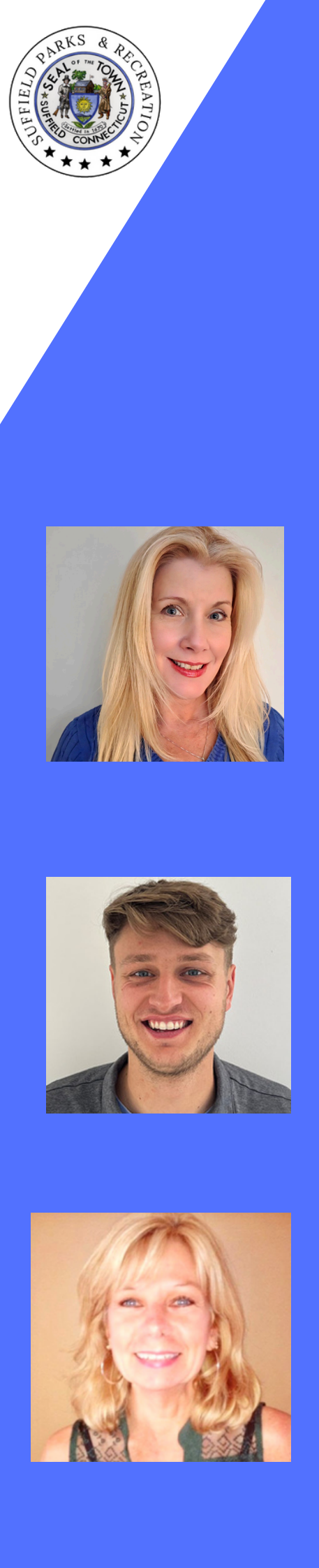
Peter Leclerc

Director of Community Services

Welcome Message

Welcome to our Parks & Recreation Summer 2025 Brochure! This is shaping up to be one of the busiest summers ever in Suffield, which includes a variety of camps, programs, and community events designed for all ages and interests. Whether your child is looking for adventure, creativity, or learning opportunities, our camps and programs provide fun-filled activities in a safe, supportive environment. In addition, our community events bring everyone together to enjoy outdoor activities, local festivals, and more. Explore all the exciting opportunities we have in store and make this summer unforgettable!

Take a look through the brochure, highlight what interests you, and be sure to register early for programs that require sign-ups. Visit www.suffieldrec.com for a full listing of our programs. I hope to see you and your family around Suffield this summer!



MEET THE PARKS & RECREATION TEAM

Donna Carney-Bastrzycki

Director of Special Programs



I'm Donna Carney Bastrzycki, Director of Special Programs, I oversee a wide variety of exciting Summer Camps and events, including Kids Korner, Morning Munchkins Camp, Fitness & Nutrition Camp, Crafty Camp, Paint It Up, Cheer Camp, Summer Fitness Programs, and the Bowling Buddies Outing Group. I'm passionate about capturing the incredible moments at camp and programs through visual storytelling, creative content, and videos, celebrating the people and programs our department works so hard to provide. If you need any assistance, feel free to reach out to me.

EMAIL: dcarney@suffieldct.gov **PHONE:** 860-668-3862

Daniel Leonard

Recreation Supervisor



As the Recreation Supervisor, I oversee a variety of programs, including Summer camps, after-school programs, sports leagues, and community events. I am passionate about creating fun and engaging recreational opportunities for all ages. Please feel free to reach out to me anytime if you need assistance or have any questions.

EMAIL: dleonard@suffieldct.gov **PHONE:** 860-668-3962

Pam Cocca

Registration Administrative Assistant



As Registration Administrative Assistant it is my pleasure to assist you with all of your registration questions and/or concerns. Please feel free to contact me directly for assistance.

EMAIL: pcocca@suffieldct.gov **PHONE:** 860-668-3962



BABB'S BEACH

Enjoy the day at historic Babb's Beach! Located on Lake Congamond there is ample room to enjoy a peaceful day at the lake.

Open weekends starting May 24, and 7 days per week June 21 - August 16.

Beach opening is weather dependent.

OPEN DAILY 11 AM - 6PM

Lifeguards and Gate Attendants

Off-street Parking

\$20/car for non-residents



SUNRISE PARK

Monday - Friday Sunrise Park hosts our Day & Adventure Camps, swim lessons, and general park goers.

On the weekends, Gate Attendants welcome attendees and collect non-resident fees.

Park Admission Fees

Weekends & Holidays from Memorial Day -

Labor Day \$35/car for Non-Residents

STAFF



Registration Policy

**** All fees listed in the brochure are dependent upon the town budget passing as presented.**

Online registration for programs is encouraged at www.suffieldrec.com. All other registrations and payment for programs must be received in advance at the Parks and Recreation Office, 145 Bridge Street. Make checks payable to the Suffield Parks and Recreation Department. There will be a fee of \$20.00 for checks returned by the bank for non-payment. For payments made in cash, we request the exact change.

For payments that are mailed in, we recommend you call the office to verify receipt. Programs are for Suffield residents and for certain programs, non-residents. Non-resident registration will be accepted at an additional fee. Suffield residents will receive first priority in the registration process. Non-residents may submit payment and registration form and will be accepted on a space available basis, first paid, first served. Children must be of the correct age or corresponding grade level to participate in programs. Special considerations may be made for children on a case by case situation. Programs have limited enrollment so sign-up early. The Department reserves the right to set a maximum for each program and to cancel a program due to insufficient enrollment. No unregistered person may attend a program. No on-site registrations. Your early registration helps us make the decision to run the program.

Reasons to Register Early

Many programs are very popular and people know that in order to get a spot, they need to register early. But there are also reasons to register early for classes that don't usually fill up. All of our classes are self-supporting and we must reach a minimum enrollment for a class to run. There is a point (usually about one week before the program is due to start) that a program must be canceled if there aren't enough people registered.

**Registration for all Summer camps open on
Monday, March 17th at 9:00am
VISIT www.suffieldrec.com**

Kids Korner & Morning Munchkins

Ages 3 – Entering 2nd Grade



▶ Description

Our Kid's Korner/Morning Munchkins Camp is an enriching program for children who have reached their 3rd birthday by the start of the session enrolled in (proof of age required must be toilet trained) through those entering 2nd grade.

The youngest group of campers is called, Morning Munchkins. Children are placed in groups according to proximity of age. Activities include: arts and crafts, educational themes, parachute play, painting, water days, outdoor and indoor creative play, games, story time, scavenger hunts and family friendly event days in this fun and inclusive camp. During each session, campers will put on an interactive event day to cap off the session that parents and caregivers are invited too. We will also have a fun Sprinkler day on Tuesdays each week.

▶ Dates & Times

- Session 1: June 23 – July 3 Fee: \$265.00 Resident \$285.00 Non-resident
- Session 2: July 7 – July 18 Fee: \$295.00 Resident \$315.00 Non-resident
- Session 3: July 21 – August 1 Fee: \$295.00 Resident \$315.00 Non-resident
- **All sessions start at 9:15am and end at 12:00 noon.**
- **For Camp details, fees & registration visit www.suffieldrec.com**

**Registration for all Summer camps open on
Monday, March 17th at 9:00am
VISIT www.suffieldrec.com**

SUNRISE DAY CAMP

Entering Grades 2– 5



▶ Description

Get ready for some outdoor fun this Summer at Sunrise Day Camp. Suffield Parks and Recreation has planned a Summer to remember!

Campers will spend their days at the Park enjoying a variety of outdoor activities related to the week's theme. Show off their creativity with arts & crafts, exploring and learning about nature, participating in games and much more. Best of all, activities are designed toward the interest and skill levels appropriate for that age group. So come out and test your fishing skills, practice your painting, play some gaga ball with your friends, and splash in White's Pond on a hot day.

The Parks and Recreation Staff is committed to offering new experiences that encourage imagination, growth and adventure. Don't miss out on all the fun!

NOTE: Extended Day & Early Drop-off are available for this camp.

▶ Dates & Times

- Session 1: June 23 – June 27 Fee: \$270.00 Resident \$290.00 Non-resident
- Session 2: June 30 – July 3 Fee: \$216.00 Resident \$236.00 Non-resident
- Session 3: July 7 – July 11 Fee: \$270.00 Resident \$290.00 Non-resident
- Session 4: July 14 – July 18 Fee: \$270.00 Resident \$290.00 Non-resident
- Session 5: July 21 – July 25 Fee: \$270.00 Resident \$290.00 Non-resident
- Session 6: July 26 – August 1 Fee: \$270.00 Resident \$290.00 Non-resident
- **All sessions start at 9:00am and end at 3:00pm**
- **For Camp details, fees & registration visit www.suffieldrec.com**

ADVENTURE CAMP

Entering Grades 6 –8



▶ Description

Don't miss out on the fun this Summer!

Campers entering grades 6-8 get ready for a Summer adventure filled with team challenges, high tech treasure hunts, special field trips and much more. Make some new friends, and have an enjoyable Summer outdoors at Adventure Camp.

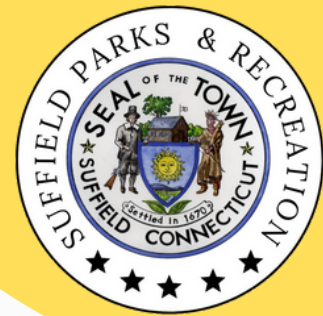
Optional basic swim stroke review and free swim will be part of this camp . Each one week session will include trips to: Brownstone, Farmington River Tubing, and the Suffield Youth Center and Babb's Beach. From these new experiences, campers discover in themselves new found confidence and strength. They learn how to trust in themselves, and each other, as they work together to explore, problem solve, and achieve common goals.

NOTE: Extended Day & Early Drop-off are available for this camp.

▶ Dates & Times

- Session 1: June 23 – June 27 Fee: \$310.00 Resident \$330.00 Non-resident
- Session 2: June 30 – July 3 Fee: \$248.00 Resident \$238.00 Non-resident
- Session 3: July 7 – July 11 Fee: \$310.00 Resident \$330.00 Non-resident
- Session 4: July 14 – July 18 Fee: \$310.00 Resident \$330.00 Non-resident
- Session 5: July 21 – July 25 Fee: \$310.00 Resident \$330.00 Non-resident
- Session 6: July 26 – August 1 Fee: \$310.00 Resident \$330.00 Non-resident
- **All sessions start at 9:00am and end at 3:00pm**
- **For Camp details, fees & registration visit www.suffieldrec.com**

SPORT & SPECIALTY CAMPS



We offer a wide variety of sport & specialty camps for you to choose from for your child. There are 1/2 and full day options for most camps.

| Age/Grade | Program | Dates | Fee |
|-------------|--------------------------------|-------------------|-----------------------------------|
| Gr. 1-8 | 2-4-1 Sports | June 23 - July 11 | 3 separate weeks Check website |
| 5-17 Yrs. | Horseback Riding Session 1 | July 7 - 11 | Res. \$425.00 Non. \$435.00 |
| 5-17 Yrs. | Horseback Riding Session 2 | July 14 - 18 | Res. \$425.00 Non. \$435.00 |
| 6-18 Yrs. | Tennis Camp | July 21-25 | Res. \$150.00 Non. \$155.00 |
| 7 - 13 Yrs. | Musical Theater Camp | July 14- 17 | Res. \$300.00 Non. \$320.00 |
| Gr. 1 - 12 | Field Hockey - Premier (Girls) | July 14 -18 | Res. \$305.00 Non. \$325.00 |
| Gr. 1 - 6 | Soccer Camp | July 21 -25 | Res. \$175.00 Non. \$195.00 |
| Gr. K - 2 | Basketball (Hoop it Up) | July 28 - Aug. 1 | Res. \$175.00 Non. \$195.00 |
| Gr. 2 - 8 | Basketball (Hoop It Up) | July 28 - Aug. 1 | Res. \$225.00 Non. \$245.00 |
| Gr. 2 - 8 | Lacrosse Camp (Boys) | July 28 - 31 | Check Website |
| Gr. 5 - 9 | Volleyball Camp (Girls) | August 11 - 14 | Res. \$200.00 Non. \$220.00 |
| Youth | Pickleball | Check Website | Check website |

**FOR FULL DETAILS & DESCRIPTIONS,
PLEASE VISIT OUR WEBISTE
www.suffieldrec.com**

YOUTH PROGRAMS

For a full listing of programs, please visit our website.



Fitness & Nutrition Fun Camp

Your child will have an enjoyable time while they play a variety of games, make crafts and enjoy healthy snacks all related to nutrition and wellness. The class will be broken up into two separate age appropriate groups. If your child is attending the Kids Korner/Morning Munchkins camp, they can go directly to this program after their camp day ends.

Dates: June 24, 25, 26

Time: 12:30 - 2:30pm

Ages: Age 4 (Pre-K) - Entering Grade 1 & Grades 2-5

Fee: \$65.00 Resident \$70.00 Non-resident

NOTE: If your child is attending the Kids Korner/Morning Munchkins Camp, they are welcome to stay after camp and go directly to this program.



Paint It Up Camp

The class will be broken up into two separate age appropriate groups. Campers will learn techniques of painting and learn about colors. Quality projects will be painted each day including: wood, glass, felt art and ceramic pieces.

Included in the fee are: projects, paints, instruction and small snack.

Dates: July 8, 9, 10

Time: 12:30 - 2:30pm

Ages: 4 yrs. - Entering Grade 1 & Grades 2-5

Fee: \$70.00 Resident \$80.00 Non-resident

NOTE: If your child is attending the Kids Korner/Morning Munchkins Camp, they are welcome to stay after camp and go directly to this program.



Crafty Kids Camp

Your child will have a wonderful afternoon while making cool creations and awesome crafts with their friends. This class is great for both boys and girls. The camp will be divided up into two separate age appropriate groups. An assortment of creative arts and crafts will be made such as jewelry, bookmarks, bird houses, sun catchers, painting projects, Fuzzy Felt Art and more.

Dates: July 15, 16, 17

Time: 12:30 - 2:30pm

Ages: 4 yrs. - Entering Grade 1 & Grades 2-5

Fee: \$70.00 Resident \$75.00 Non-resident

NOTE: If your child is attending the Kids Korner/Morning Munchkins Camp, they are welcome to stay after camp and go directly to this program.



YOUTH PROGRAMS

For a full listing of programs, please visit our website.



Spirit & Cheerleading Camp



Children will learn some exciting cheers, new moves and have tons of fun while getting great exercise! Your child will have a wonderful time in this fun program that will encourage friend making, spirit and happiness in a safe and age appropriate manner.

Dates: July 29, 30, 31

Time: 12:30 - 1:30pm

Ages: 4 yrs. - Entering Grade 2

Fee: \$45.00 Resident \$55.00 Non-resident

NOTE: If your child is attending the Kids Korner/Morning Munchkins Camp, they are welcome to stay after camp and go directly to this program.

Swim Lessons



Introduction to Swim (Ages 3-5)

Children will be introduced to the water. This is a great class for children to become comfortable in the water.

Swim Lessons (4 Years & Older)

Children will be tested on first day and grouped by their ability. Basic swim stroke review is part of this program.

Dates: July 7, 8, 9, 10, 14, 15, 16, 17

Refer to website for times and fees.

www.suffieldrec.com

Saturday Morning Kids Workout



Is your child looking to keep up their training and fitness this Summer? They will love this fast paced, individualized exercise program with state of the art fitness equipment. This class will offer a total body workout all while having a blast with great music, instruction and fun for all fitness levels. Participants will engage in strength, cardio, agility training, and other important training exercises. The class's focus is to motivate with fun and positivity.

Dates: Saturdays, July 12, 19, 26, August 2, 9

Time: 10:00 - 11:00am

Ages: 8-14 Yrs.

Fee: \$60.00

ADULT PROGRAMS

For a full listing of programs, please visit our website.



Summer Total Body Pump

Join us for a total body strength and core class. We are incorporating weights, bar, benches, steps, medicine balls, stability balls and floor strength moves in this amazing class.

Monday, Wednesday & Friday Mornings

Dates: July 7 - August 15

Time: 6:00 - 6:45am

Ages: 14 yrs. & older

Fee: \$175.00

Monday Evenings

Dates: July 7 - August 11

Time: 5:30 - 6:30pm

Ages: 14 yrs. & Older

Fee: \$80.00



Summer Get Fit with FitBarre

Embrace the transformative power of Fitbarre, a unique blend of pilates, yoga and strength training. This low impact workout sculpts and lengthens muscles, enhances posture and boosts flexibility. Engage in low intensity movements with high repetitions, small isometric movements utilizing light weights, core balls, mini bands and blocks to strengthen muscles and improve core stability. You will be lean and strong all Summer long.

Dates: Mondays, July 7, 14, 21, 28, August 4, 11

Time: 4:45 - 5:30pm

Ages: 14 yrs. & older

Fee: \$60.00



Summer Sweat & Sculpt

If you are looking for a total body strength and cardio class, this is it! This class is a combination of strength training, cardiovascular exercises, and core work.

This class will challenge you to improve your overall fitness strength and cardio levels. Circuit Style!

Dates: Thursdays, July 10, 17, 24, 31, August 7, 14

Time: 6:00 - 7:00pm

Ages: 14 yrs. & older

Fee: \$60.00



ADULT PROGRAMS

For a full listing of programs, please visit our website.



Summer Power Hour



Kickstart your Summer Saturday mornings with a cardio, strength and core hour. High Intensity Interval Training (HIIT) may include the use of light weights, heavy weights, and cardio blocks for a full body workout.

Dates: Saturdays, July 12, 19, 26, August 2, 9, 16

Time: 8:30 - 9:30am

Ages: 14 yrs. & older

Fee: \$60.00

Summer Shape Up Mornings



Get ready to boost your fitness and confidence all while having fun all summer long with our dynamic Summer Shape-Up fitness class! This high-energy, full-body workout combines strength training, cardio, and core conditioning, designed to keep your body in top shape throughout the season.

Dates: Saturdays, July 12, 19, 26, August 2, 9

Time: 11:00am - 12:00 Noon

Ages: 14 Yrs. & Older

Fee: \$60.00

Inclusive Programs & Bowling Buddies Group



Programs foster friendships, socialization, promote community involvement and independence. Our group enjoys educational presentations, fitness activities, crafting, games and inclusive outings/events. Programs are geared for Junior High School students through adults. Volunteers are always welcome!

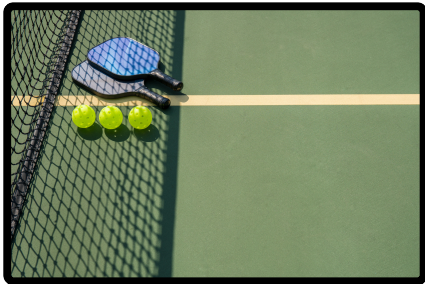
If you wish to join our group and receive notifications of upcoming events please contact Donna Carney-Bastrzycki, Director of Special Programs at dcarney@suffieldct.gov

PROGRAMS & TRIPS

For a full listing of programs, please visit our website.



Pickleball



There are definitely too many Pickleball programs held to list them all here! Please check our website for information on clinics, pickup nights, leagues, and tournaments for beginners through advanced players.

Dates: Check website

Time: Check website

Ages: Varies by program

Fee: Varies by program

Parks & Recreation: www.suffieldrec.com

Red Sox Bus Trip



Get ready for an unforgettable day at Fenway Park as the Boston Red Sox take on the Atlanta Braves! This is your chance to enjoy a fun-filled outing without worrying about the drive or parking.

Dates: Saturday, May 17, 2025

Departure Time: 3:30 pm from the Suffield Senior & Community Center.

Game time: 7:15pm.

Ages: 1 - 99

Fee: \$105 Resident. \$110 Non-Resident. Driver gratuity not included.

Are you interested in a NYC Trip?



We would love to hear if you are interested in a future trip to a game at Yankee Stadium. Please email if you are interested and approximately how many tickets you would need to: recreation@suffieldct.gov.

The prices are subject to change but would approximately the same as our Red Sox trip.

Note: we do not have a trip scheduled at this time.

SPECIAL EVENTS

For a full listing of programs, please visit our website.



Suffield Summer Fair & Fireworks



Get ready for a weekend of fun and amazing memories! Our annual Summer Fair is just around the corner...what a great way to kick-off the Summer!

Enjoy Live Music, Food Trucks, Local Vendors, Rides & Games, our amazing Fireworks Show on June 14th, and so much more.

Dates: June 13, 14, 15

Time: Friday, 5-9pm. Saturday, 12-9 pm. Sunday, 12-4pm.

Fee: FREE entry. Ride tickets are purchased on site.

NOTE: Rides, food, vendors, and live music throughout the event. Parking on site and throughout the town.

PeoplesBank Concerts on the Green



Don't miss out on our **PeoplesBank Concert Series on the Green** this Summer! What a great way for all ages to come together with family & friends to enjoy local bands. Bring your picnic blankets, lawn chairs, refreshments and relax while listening to the fantastic musical performances this Summer!

Day: Wednesdays in July:

9th- Chalk Dust; 16th- Still Kickin' with the Big City Horns

23rd- The 1220 Band; & 30th- Fever

Time: 6:00 - 8:00pm

Ages: All

Fee: FREE

NOTE: Food Trucks on site, local restaurants are open for take out. Bring a lawn chair & blanket. Weather dependent. Rain dates are TBA.

Outdoor Movie Nights Sponsored by The Stephanie Salerno Team



Celebrate the magic of Summer by taking in one of our Outdoor Movie Nights generously sponsored by **The Stephanie Salerno Realty Team!** What better way to unwind and enjoy the warm evenings with family, friends & neighbors. Picture a relaxing warm starlit evening watching your favorite movie on the big outdoor screen.

Day: Saturdays in July & August 2nd

9TH- WICKED; 19TH- SONIC 3

26TH-CAPTAIN AMERICA-A BRAVE NEW WORLD

AUGUST 2ND: DIRTY DANCING

Time: Dusk (approx. 8:30pm). Ages: Check movie ratings

Fee: FREE. Popcorn and refreshments on site for a fee.

NOTE: Outdoor movies are weather dependent. Bring a lawn chair & blanket.

FALL YOUTH SPORTS

For a full listing of programs, please visit our website.



FALL YOUTH SOCCER



Our **Youth Soccer** program and league for boys and girls entering grades K-5 holds registration in June with practices starting in late August or September and running until November. Typically there is one practice on a weeknight and games on Saturday mornings.

FALL YOUTH FIELD HOCKEY



Our **Youth Field Hockey** program for girls entering grades 1-5 holds registration in June with practices starting in late August or September and running until November. Typically there are practices held afterschool and games scheduled TBD.

Spaulding School participants are bussed after school to McAlister, where the practices are held. Sign ups in June.

FALL FLAG FOOTBALL



Flag Football is very popular with divisions for players 6-8, 9-11 & 12-14 years of age.

There is also our **"Future Ballers"** which is for players aged 4 and 5 years old.

Practices are one night per week and games are weekday nights.

Signs up are in June.



***Connect
With
Us!***

Our **Contact**



860.668.3862



recreation@suffieldct.gov



www.suffieldrec.com



145 Bridge Street



You 